

The Philosopher's Stone

How to Use the Great Jewel of Alchemy

In Our World Today

Discovered and Interpreted by Marcus Adams Eden



I can remember the day I found this book as if it was yesterday. I had just turned 33 and my life was before me. I was always a shy young man with an immense love of the forests and its inhabitants.

During my life I have found solace and nourishment from these kingdoms, and on this particular day I journeyed to my most favorite place, sitting on a large rock next to a crystal blue pond deep in the grove of the great redwoods.

I came into this world with an innate curiosity of how things came to be and over the last five or six years I seemed to be in a deep inquiry about the power of consciousness and why some prayers were easily answered and why others never seemed to be answered.

Lord knows I had invested huge amounts of energy doing the recommended positive thinking, repetitive affirmations and imaginings. Something was off and I knew it.

I saw a small orb of light float off to the right and hover over a big boulder. There seemed to be a cloth sticking out of the ground just beneath a cave like opening. I walked over and gave a tug, and the material was so old it started to tear, so I carefully dug down and was able to easily lift out the sack. I carefully reached inside and found a beautiful, very old, leather bound book with some very faint symbols embossed on the leather. There was a lock and a key tied to the bindings. Just touching this book seemed to stir some remembering from long ago. I could not define it in that moment beyond the fact it was an inspired feeling.

I rushed home and built a fire, cozied up in the big leather recliner with a hot cup of tea.

I gently placed the book on my lap and opened it. The book smelled of roses, always a sign of sacredness and the angelic like beings I fondly called the "Trusted Ones". I began to read and was instantly transported into an altered state where time seemed to stand still and I found myself to be in an ancient structure, like an old library or chapel filled with light, incense, and the Trusted Ones Chanting and moving about. I was embraced by the deepest feeling of peace I had ever known. "Holy" best describes the moment.

It took 5 years to complete the translation and that is a story unto itself which I will share with you at a later time. For now I wish to share this short translation that has produced the most remarkable and magical moments of transformation I have ever dared to imagine...

An overview of the teachings of The Philosopher's Stone

The meaning of the Philosopher's Stone, sometimes referred to as the Jewel of Alchemy, is said to contain the knowledge of creation, a symbol that represents the outcome of man's inner transformation, of the conversion of the base metal of his outer character into the golden properties of his Higher Self. It is all about the evolution of consciousness.

From this hermetic side of alchemy, the "philosopher's stone", is the most tangible and dense crystallization of a subtle substance, has become a metaphor for the inner potential of the spirit and reason to evolve from a lower state of imperfection (symbolized by the base metals) to a higher state of enlightenment (symbolized by gold).

From this premise, it was reasoned that the transmutation of one state of consciousness into another could be effected by the rearrangement of its basic qualities. This change would presumably be mediated by a substance or a unifier of consciousness which came to be called "The Philosopher's Stone". The stone was believed to have been composed of a substance called *Azoth*, a hypothetical universal solvent, having the power to dissolve every other substance, into the animating spirit hidden in all matter making transmutation possible.

The Philosopher's Stone is a technology which allows you to go to the moment a pattern crystallized and took form. It allows you to chunk down and dissolve its current form and transform it into a higher state. The swiftness on this change depends on your ability to be present to its crystallized form and all that you felt in the moment it formed. As you learn how the 3 Selves work and why blocks form, this can be an extraordinary tool for Transmutation allowing you to unify your consciousness and embody your greatness and gifts at a whole new level.

First, this is one of the most powerful treatises or overviews of our consciousness I have ever found. It answers many questions for me on my original question of why the Law of Attraction, prayer and affirmations only work sometimes. This is a big missing piece. This book begins by describing the important and vital relationship with our Instinctual/Inner Self, more commonly called our Unconscious. It explores the distinctions of the 3 Selves; the High Self, the Middle Self/Conscious Mind, and the Instinctual/Inner Self or unconscious. Their jobs are summarized at the end as well. So here goes the translation.....

The 3 Selves, Their Distinctions and Roles in Manifesting and Prayer

- The Instinctual Self/Subconscious
- The Middle Self or Conscious Mind
- The High Self

All three play a vital role in prayer and manifestation. The most misunderstood most neglected relationship is between the Instinctual Self and the Mind or Conscious Self.

It is sad we are so fearful of our instinctual self. Yes it home to our darker more animal like nature. Yes it is powerful, messy and unpredictable. Yes we have been taught for almost 2000 years to dominate and suppress that aspect of our being. According to this translation we are off target. Apparently many Ancient Wisdom Keepers understood the magic and mystery embodied in this “self” and that it was a sometime dangerous and treacherous journey for the uninitiated.

Most of the Holy Books describe an important part of our evolutionary journey is to learn how to bridge this instinctual self with our Angelic or High Self; Bridge Heaven and Earth within our physical self. We have been blessed with a High Self, a Middle Self (Conscious Mind), and an Instinctual Self.

To the Wisdom Keepers, disease meant the blocking of the path to the High Self. All disease originates in the instinctual self as some need not being met. To bring about the healing, the blocks were removed by clearing them and then the High Self accepted a goodly supply of mana/chi (life force energy) to use to do the actual healing.

The Instinctual Self has no discernment. It records everything and is capable of processing 11 million bits of information per second. It is

also the doorway to our inner genius, which contains more wisdom and knowledge than all the libraries in the world combined.

Erasing or clearing disempowering programs held in our instinctual self reopens the path to the High Self so it can work its magic. You see, the High Self was once an Instinctual Self, and a Conscious Mind on its evolutionary path. It has it hotwired into its being the easiest, clearest and fastest path to your enlightenment.

Manifestation and Prayer

When you identify your desired outcome or goal, you must have a very strong desire, which is generated in and by the emotional body or instinctual self in cooperation with the Conscious Mind. If your instinctual self/unconscious mind does not desire the prayer answered, it will not do its part in the work and your desire will not manifest.

Diseases and blocks occur because you have lost contact with your High Self.

Prayer: to call for a thing desired, to approach or draw near to someone or place to pray. When we do not manifest a prayer or outcome we can see that the prayer is broken. The Instinctual Self refuses to send the prayer because it fears the new conditions which are asked for by the Conscious Mind, who makes the prayer and forms the picture of the outcome to begin with. As you deepen your connection to your Instinctual Self, you will be able to dialogue with him/her, and know if he/she is willing to go along. The Instinctual Self will not cooperate if there is some old program or memory that makes it feel unsafe. If the Instinctual Self fears change to the new, it will block the manifestation. Sometimes imagining this instinctual self as the Inner Child allows a more loving energy and environment to build trust

and a stronger inner communion. Love and compassion are key to uniting with the Inner Child.

In making a prayer we must exert faith and believe that what we have asked for has been built already in the pattern world by the High Self. We are reminded of the words of Jesus... "Believe that ye receive them and ye shall receive them." The High Self creates the patterns of the changed future for the man/woman, and gradually brings about the new conditions.

Your Instinctual Self will speak to you if you learn to listen. It is biased toward love, enjoyment and feeling good. Because of this you respond to the beauty of the sunset, enjoy good food, love to love, and want freedom, integrity and the urge to understand what is important to you.

Your Inner Child holds all emotions and patterns and is a key player in prayer and manifestation. Understanding this part of your nature allows you to create strategies that work and to take lifelong patterns that have seemingly held you back, release the energy held there clearing the path for you to experience the magic of who you are.

There is vitality, a life force; a quickening that is translated through this instinctual self into action. Because there is only one of you in all creation, your expression is unique. And if you block it, it will never exist through any other medium and be lost. The world will not have it. It is not up to you to determine how good it is, not how valuable it is, nor how it compares with other expressions. It is your business to keep it yours clearly and directly, to keep the channel open. From "User Illusion" Tor Norretranders

Before you begin your session, it is always good to prepare, as you are going to see the power held in these crystallized memories, and also the release of the energy held there for you to use in creating your “Big Picture”. So find a comfortable sacred space and begin your session. Below are the Distinctions of the 3 Selves to support your time using **The Philosopher’s Stone**.

	Instinctual Self	Middle Self	High Self
Also known as	Inner Child, Subconscious, Nonconscious Self, Unconscious	Mind, Consciousness, Conscious Self	Divinity, Soul, Spirit, representative of “Universal God”
Job Description	To gather prayers and mana/energy to send to the high self so your dreams happen. All prayers must go thru Instinctual Self to reach High Self and God, runs your body, concerned with survival and shelter, all prayers must pass thru the Instinctual Self!!!!	Inner coach or guide, initiates forgiveness, in charge of correcting errors, sin or harm to others, guides and helps reeducate Instinctual Self, Forms the completed picture of prayer or healed state and then sends to Instinctual Self to gather mana/energy, the willful one,	Parental Self, receives prayers and manifests them, can assist in recalling old hurts, our immediate and personal savior, representative of the “Universal God”, passes on prayers to higher beings, must be invoked, invited or petitioned to take action, ready to protect and help, always on call, needs to extract mana or energy to answer prayers and make changes, H.S. there to unite the 3 Selves, receives prayers and manifests, H.S. is our guardian angel, can render powerless any and all fears and never fails, prayer is cumulative and builds, when asked to retrain our Instinctual Self our spiritual growth can be swift and joyous, the Kingdom of Heaven is the High Self and its higher level of evolutionary progress.

Attributes	Instinctual Self	Middle Self	High Self
When not aligned	Can punish its man to do penance if harm has been caused to another, often has divergent views to the mind, tries to run the entire man, If instinctual self is not aligned with change it will block change from happening, without trust between the Middle Self	Heady, disconnects from instinctual self and High Self, numb, mind driven, locks up the whole works, terrified of surrendering to feelings and the raw power of instinctual self, desires to compartmentalize and figure everything out, wants to control	Loneliness, no manifestation, no inspiration

Has no discernment, literal, doorway to your genius and creativity, processes 11 million bits of info/second, can sense High Self, Child like, makes 99% of all your choices, the natural emotion of the Instinctual Self is love, mana and love sent to the High Self as a gift, can ask High Self for protection and guidance, impressed y acts of kindness,

Helps Instinctual Self let go of fixed burdens, initiating good deeds stimulates righting a wrong in Instinctual Self, determines if prayers are worthy of High Self, trains and educates Instinctual Self, the heart is the meeting place of the Instinctual Self and Middle Self, must build trust with the Instinctual Self, is only capable of processing 16 bits of info per second, by the time you are conscious of something it is already past, live from the healed state and give thanks

Intuition is a sudden knowing flashing in from High Self, High Self was once a Middle Self and Instinctual Self so has it hot-wired in on how to move upscale and unite easily, gets saddened if not invited in because it cannot interfere with free will, knows how to meet every problems, resides outside the physical body and has no way of manifesting mana or energy, has superior wisdom and power to guide us onto our path of happiness, is as close as our hands and feet, can see the right perspective, awaits to be fully recognized. In making a prayer we must exert faith and believe that what we have asked has been built already in the pattern world by the High Self.

	and Instinctual Self inner starvation happens, no emotion no mana , no manifestation. No love, no mana, hate cuts off access to High Self, when security is threatened it sets off a whole train of explosive and depressive actions as other memories are triggered, one big cluster		
Talents to develop	<p>Instinctual Self</p> <p>Once trained can do things the Middle Self can't do, can be trained to gather mana/energy, will naturally love other selves, must be freed from a false feeling of a jealous vengeful God, love is power and worship, daily "reasoning" sessions may be required to transform hate and anger,</p>	<p>Middle Self</p> <p>Coach, Guide, Tender teacher to Instinctual Self, knowing when to surrender to instinctual self can free up your inner genius</p>	<p>High Self</p> <p>Take daily steps to invite H.S. in, enjoy its guidance, endless source of wisdom and guidance when invited to take its rightful place, desire drives us forward,</p>
To reconnect	Love, chant, meditate, breath, ask High Self to help	Love, you are usually in the iron grip of the middle self, to be able to trust enough to surrender is to live from your heart.	Love. Petition High Self, invite in, Remember the H.S. was once an instinctual self and middle self so innately knows the way to unity.